



CCHS Sophomore Spearheads Fundraiser for Concussion Legacy Foundation

Aspen Malasky, CCHS Class of 2026, is a student who exemplifies responsible stewardship and community mindedness. After a span of six months between 2022 and 2023, Aspen suffered three concussions in her softball career as a catcher which ultimately led to her decision to have to give up the game of softball. Instead of a “poor me” inward focused attitude, she and her parents made the conscious decision to focus on God’s purpose for her life. Through the concussions and treatments for them, Aspen discovered the Concussion Legacy Foundation (CLF) whose mission is to support veterans, athletes, and all affected by concussions.

Through her new sport of tennis, Aspen spearheaded a fundraising event along with the support of her friends Demi Schwarzkopf ('26) and Abby Armbrust ('26) to bring awareness to concussions and its symptoms, as well as the CLF. Even though she was continuing to feel concussion symptoms, Aspen became determined to put this fundraising event together. On September 30th, the three girls hosted a round robin tennis tournament at Countryside Country Club. They worked to secure donations for all of the supplies and prizes. The event included a silent auction so that by the end of the day, Aspen and her friends raised almost \$9,000 for the Concussion Legacy Foundation. Aspen plans to make this an annual event to be held on the third Friday of September, which is National Concussion Awareness Day. Mark your calendar now and plan to support Aspen in 2024 as she continues to raise awareness and funds for the Concussion Legacy Foundation.

Aspen’s story was recently profiled by the Concussion Legacy Foundation on its “Get Inspired” page <https://concussionfoundation.org/personal-stories/inspiring-stories>. Additionally, she was invited to attend the 16th Annual Concussion Legacy Gala in Boston on November 2nd. Way to go, Aspen! We are proud of you.