

The Teaching Expertise Institute Podcast

Author: Nina Graham

Producer: Calvary Christian High School

Episode 3: One-Step Instruction

[Click here to listen to the podcast.](#)



- **Focus Question:** How can I really teach more effectively in one-step?
- **Answer:** We are most effective when we check for understanding in 100% of our students. We can increase our effectiveness by doing more of this one step during our lessons.
- **Take-aways:**
 - ✓ Real classroom demonstration
 - (Biology class with Mrs. Sarah Coleman)
 - ✓ How to focus checks for understanding with one question.
 - ✓ How to quickly get 100% of your students participating in a check for understanding.

Sources that informed the teaching strategy discussed in this episode:

- McTighe, J. & Wiggins, G. (2013). *Essential questions: Opening doors to student understanding*. ASCD.
- Schmoker, M. (2011). *Focus: Elevating the essentials to radically improve student learning*. ASCD.