

The Teaching Expertise Institute Podcast

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Episode 2: One-Step Lesson Planning

- **Focus Question:** How can one-step lesson planning really give me increased effectiveness in the classroom?
- **Answer:** One-step lesson planning means to describe your lesson through one question. The one question synthesizes the objectives of the lesson and brings simplicity to how you teach them. This strategy creates more time to check for understanding in all of your students all lesson long. The increased clarity and regularity in checks for understanding through one question is what makes you more effective.
- **Take-aways:**
 - ✓ How to identify a question that focuses your lesson.
 - ✓ How to eliminate things from your lesson planning process.

Sources that informed the teaching strategy discussed in this episode:

- McTighe, J. & Wiggins, G. (2013). *Essential questions: Opening doors to student understanding*. ASCD.
- Schmoker, M. (2011). *Focus: Elevating the essentials to radically improve student learning*. ASCD.